

# Leech Therapy–The Miracle Cure

Samridhi Sharma<sup>1</sup>, Ashutosh Sharma<sup>2</sup>, Neelesh Sahu<sup>3</sup> and Aakriti Sood<sup>4</sup>

<sup>1,2</sup>BAMS

<sup>3,4</sup>BAMS CRAV

E-mail: <sup>1</sup>drsamridhi@yahoo.co.in, <sup>2</sup>drashutosh19@yahoo.co.in  
<sup>3</sup>drkapilsahu@gmail.com, <sup>4</sup>aakriti5891@gmail.com

---

**Abstract**—Application of leeches for various ailments dates back many thousands of years. It has been elaborately explained in Sushrut Asanhita, Ashtang Hriday and Ashtang Sangrah. Leech therapy was done in areas of the body where other processes of blood letting was not possible. Classically leech therapy was used in diseases like Arsh (piles), Kushtha( skin diseases), Shlipada ( filariasis), Granthi(cyst), Netra rog (eye diseases), Kantha rog ( throat diseases). Other than these, this therapy has been found effective for diseases like sciatica , rheumatoid arthritis, gout, gangrene, varicose veins also. This practice is not new as it is was well known worldwide in Greece, Europe & North America and India. We are nowadays practicing it in our clinic in Delhi. In our practice we find that those conditions which keep on reoccurring and respond slowly to oral and topical treatments like eczema are relieved promptly by this therapy.